

# If you're ready to quit tobacco Help is FREE!

Interested in quitting tobacco? Join us for a  
FREE 6 week class

Lung Institute  
201 E Kennedy Blvd Suite 425  
Tampa, FL 33602

Six Week Class:  
Every Monday  
June 6th - July 18th  
4:00pm - 5:00pm

June 6  
June 13  
June 20  
June 27  
July 11  
July 18

\*\*\*NO CLASS ON JULY 4TH\*\*\*

Registration Required, please contact:  
Kadie Kluttz 813-929-1000 or  
kkluttz@gnahec.org

FREE

Nicotine Replacement  
Patches, Gum and Lozenges\*

FREE

Community, worksite, and  
clinic groups offered

Covers all forms of tobacco

*\* While supplies last and if medically appropriate.*



Lung Institute

Breathe Easier.

Sponsored by: Gulfcoast North AHEC and the Florida Department of Health.

IQuit with AHEC is the in-person option of Tobacco Free Florida's 3 Free & Easy Ways to Quit.

[www.ahectobacco.com](http://www.ahectobacco.com)

813.929.1000